**How to Study for Roman Life/Customs**

**By Garrett Vigil**

**Customs in Certamen can vary from 10-25% of a round.** The category includes mostly the activities of the Romans. To be proficient in Roman Life, you need to know about the home, the city, and the specific details of daily life.

**Beginning:**

1. Memorize rooms in the house as well as basic furniture in the house.
2. Be familiar with the rooms in the baths
3. Know some information about the Circus Maximus and Gladiatorial combat. (munera)
4. Know types of togas
5. Work through the Basic Customs Notes by Linda Miskin

**Regionals:**

1. Memorize your ENTIRE packet(s). Packets are the best way to study for Regional testing.
2. Make flashcards or re-write your packet. (I know this seems like too much but remember that you have to want it more that the rest in order to win).
3. Use Regionals to become proficient in your category. After this Certamen questions will seem easy and you will become faster.
4. Go to FJCL.org and look at the customs study guide and past regional tests. Take as many tests as possible for repeat questions.

**State:**

1. Read **The Private Life of Romans** by Harold Johnston and know EVERYTHING in the book. (If you are not able to obtain a copy of The Private Life of the Romans it is available through Google books.)